

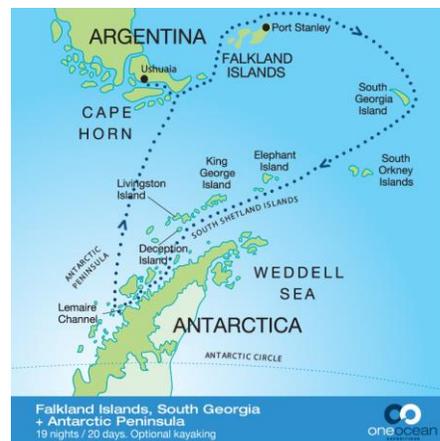
ANTARCTICA, FALKLAND ISLANDS AND SOUTH GEORGIA

30 DECEMBER 2015 TO 18 JANUARY 2016

19 NIGHTS / 20 DAYS

In 2016 we celebrate the 100-year Anniversary of one of the most epic and revered adventures in Antarctica. Disaster struck Sir Ernest Shackleton's Imperial Trans-Antarctic Expedition, 1914-1917, when its ship, the Endurance, became trapped in pack ice and was slowly crushed before the shore parties could be landed. There followed a sequence of harrowing exploits, and an ultimate escape with remarkably no loss of human life. The story is one of survival, leadership, comradery and heroism in a place that reveals the essence of ones' character under unbelievable hardship and isolation.

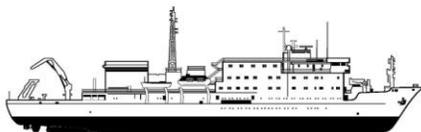
You may feel, as we do, that if you make the journey to the bottom of the world you may as well stay awhile. On this far-reaching expedition to the islands of the South Atlantic Ocean and the Antarctic mainland, you will revel in 20 eye-popping days of exploration. With visits to places with great historical relevance, busybody penguins in rookeries by the thousands, behemoth icebergs reflecting startling greens and blues, humpback whales feeding on krill and of course the continent-sized sweeping ice sheet of Antarctica, this trip will expand all of your senses in the best of ways.



Overview

This is One Ocean Expeditions' most extensive Antarctic expedition. We depart from Ushuaia and make our first stop in the Falkland Islands. Here, we will find a relatively warm climate where an abundance of unusual wildlife thrives. Sixty species of migratory birds and the rare rockhopper penguin inhabit these islands.

Our voyage on the well-appointed Akademik Ioffe continues through the Antarctic convergence to the pristine island of South Georgia. Towering glacier-covered mountains are merely the backdrop to spectacular wildlife sightings including rookeries of the pompous king penguin, several seal species and the laughable macaroni penguin.



We hope to see the South Orkney Islands, often cloaked in mist, as we make our way to the South Shetland Archipelago and Antarctica. We all experience a deep sense of awe when we first glimpse the much-anticipated continent. Even our One Ocean Expeditions' leaders, who have led more than a hundred expeditions, are still overcome by its formidable beauty.

We are greeted by thousands of icebergs that look like modern art sculptures lining the bays of Paradise Harbour or Hope Bay. Meanwhile an overwhelming profusion of wildlife is on display from penguins torpedoing through the water to predatory leopard seals staking their claim on ice floes.

We hope to stand on the mainland of the White Continent itself. From this vantage point, it is easy to understand why legendary explorers such as Roald Amundsen and Sir Ernest Shackleton were so captivated by this haunting region. As with all our voyages, safety is our top priority. For that reason weather, ice or other conditions may require us to change our itinerary and shore excursions as we go but that is half the fun of Polar exploring. Predictability is a word that has no relevance in this environment.

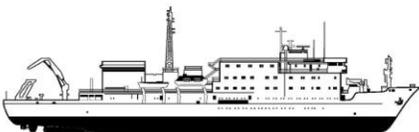
Day By Day Expedition Itinerary

30 December 2015 / Ushuaia

Today is the first day of our adventure. As we board the Akademik Ioffe in Ushuaia, the world's southernmost city near the tip of Argentina, and start to become familiar with 'our home' for the next 20 days we cannot help but wonder about the exciting journey ahead of us. In the early evening, we set sail and begin our voyage leaving behind Ushuaia and charting a course through the Beagle Channel.

31 December 2015 / At Sea

Our guests have the chance to spend plenty of time with our onboard polar experts. They will be educating us as we go deep into the wonders of Antarctica. Sailing northeast, we will likely be joined by swooping seabirds including the wandering albatross, who we will come to know well on this journey. We will celebrate the coming of the New Year in one of the majestic places on earth.



01–02 January 2016 / Falkland Islands

Arriving in the Falklands Islands overnight, by morning we are all excited to make our first shore excursion. Our plan will be to explore the islands of the West Falkland Archipelago, home to a profusion of seabirds and migratory birds including the black-browed albatross. Our first penguin sightings will be on the island of West Point with its bustling rookeries of rockhoppers.

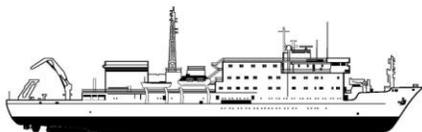
On Carcass Island, we will observe nesting Magellanic penguins along with oystercatchers, geese and the flightless steamer duck who is a permanent Falkland resident. The next day we will make a stop in Stanley, the capital of the Falkland Islands. As we wander through the charming streets of brightly painted houses, we will learn how this quiet harbour was once a major port in the 19th century for ships attempting to round the formidable waters of Cape Horn. We will also make a stop in Stanley's famed philatelic museum with its impressive collection of historic stamps.

03 – 04 January 2016 / At Sea

Now we sail southeast bound for the island of South Georgia. These days at sea are never dull. Much of our time is spent scanning the horizon in search of whales and other marine mammals as well as seabirds. Our friendly onboard experts continue to fill minds with heroic stories of some of the earliest adventurers to explore Antarctica. We will also learn about Polar conservation - a theme particularly close to the hearts of our One Ocean Expeditions' guides and crew. The anticipation grows particularly as we cross the Antarctic Convergence and notice a dramatic drop in temperature.

05- 07 January 2016 / South Georgia

Majestic snow-covered mountains greet us on the island of South Georgia - the most rugged island in this region. We will cruise the protected waters of the eastern coast looking for suitable landing spots such as Salisbury Plain and St Andrews Bay. The highlight of both these excursions is the mind-boggling abundance of king penguin adults and young that live in these locations by the hundreds of thousands, covering every inch of the shore. That is not the only wildlife on display. Fur seals can be seen poking their heads above the water, skuas and giant petrels swoop in the skies above, and the albatross our constant companion is never far away. We hope to explore an old whaling station at Grytviken (*Greet-vik-in*) and visit the grave of the most famous Antarctic explorer, Sir Ernest Shackleton and his right hand man Frank Wild.



Also known as “the Boss” Shackleton’s commander Frank Wild’s wish was to be buried beside Shackleton but his wish never materialized due to the outbreak of WWII a week after his death. Our voyage falls exactly three years following the transport of Wild’s ashes to South Georgia, and 94 years after his last voyage with Shackleton in 1921. The interment was only possible following a seven-year-long research journey by South African author and polar expert, Angie Butler, who discovered Wild’s ashes in Johannesburg.

08 – 10 January 2016 / Sea and South Orkneys

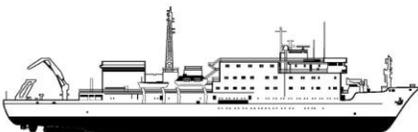
As we cross the Scotia Sea, sailing ever closer to Antarctica, we hope to visit the South Orkney Islands. Linked to the Antarctic Peninsula by an enormous sub-marine mountain range these islands, often shrouded in mist, protected by large icebergs and sea ice. If we are lucky, there will be an excursion to Coronation Island to observe penguins nesting in moss beds alongside graceful snow petrels. We may also stop at the remote island of Laurie and visit the Argentinean meteorological station located there.

11 – 15 January 2016 / South Shetland Islands and the Antarctic Mainland

Elephant Island, en route to the South Shetland Islands, will be our next destination if conditions are suitable. Here, we will learn more about the famous Antarctic adventures of Sir Ernest Shackleton. This island was a place of refuge in 1916 for Shackleton and his crew after his ship was destroyed by pack ice in the Weddell Sea close to 100 years ago. Following the loss of their ship the 28 exhausted men reached Elephant Island after a harrowing ordeal on drifting ice floes. They established a camp at a place they called Point Wild, named after Frank Wild.

Next, we will spend some time cruising among the South Shetland Islands just off the Antarctic Peninsula. Dazzling wildlife sightings await us on our excursions to some of these islands including King George, Half Moon, Barrientos or Livingston. Adélie, chinstrap and gentoo penguins thrive here, as do several species of seal. We even hope to see the gentle humpback whale dining on krill off King George Island.

Weather permitting, we will visit the flooded volcanic caldera of Deception Island. With rugged scenery, great sites of geologic interest and an overwhelming display of whaling and scientific exploration history, Deception Island is a perfect museum of natural and exploration history. For those wanting to stretch their legs, a spectacular hike to the crater rim offers a challenge. Finally, after so much anticipation, we will arrive at the Antarctic mainland in Paradise Harbour or Hope Bay. The scenery here from the colossal icebergs to the seemingly endless Antarctic ice sheet is truly breathtaking. Weather permitting, we hope to undertake a shore excursion and set foot on the White Continent itself.



16 – 17 January 2016 / Drake Passage

As we leave this magical place and make our way back, heading again across the Antarctic Convergence and the Drake Passage before rounding Cape Horn, we have no doubt that time will be spent sharing and reflecting on the wonderful experiences of the last few days. Sailing up the Beagle Channel, we celebrate the conclusion of our Polar expedition at a special dinner.

18 January 2016 / Ushuaia

In the early morning, we will arrive back in Ushuaia. It is time to say farewell to your crew and fellow travelers. Guests will be transported to their hotels or to the airport for return flights home.

Please note

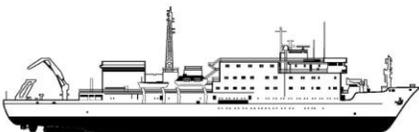
Specific sites visited will depend on ice and weather conditions, the planned itinerary will be updated at the time of final preparations as well as throughout the voyage in order to take advantage of favourable conditions.

Proof of our Polar Commitment

When travelling with One Ocean Expeditions, you will discover how much we care about the places and people we visit. We demonstrate this by finding ways to give back as well as taking away so many incredible memories. For more information on our commitment to responsible tourism, please review our document entitled, "Our Environmental Commitment".

Before you Book – Important Voyage Details

Itinerary Changes – We put safety first and that means weather, ice, wildlife, political or other conditions may require us to modify the itinerary as we go. However we aim to maximize your overall experience. We consider this half the intrigue of Polar exploring. In every expedition our undertaking is a little different and subject to modification. It may mean we have to cancel certain shore excursions if conditions are not suitable but we always find other fun things to do. Polar exploring is not predictable which is one of the many reasons we think it is so special.



Medical Documentation - Once you have booked your voyage to the Polar Regions, you will be required to complete a Medical Information Form. This form must be completed, signed and returned to One Ocean Expeditions no later than 90 days prior to departure.

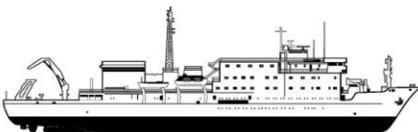
Passport - Well before travelling, please ensure you have a current passport with an accurate photo, valid for at least six months after your scheduled return flight home. Also check that your airline tickets are in exactly the same name as your passport. Some countries may require you to have a return air ticket or sufficient funds to purchase such a ticket.

Budgeting – It is a good idea to bring along some \$US cash. There are some onboard expenses such as those incurred at the bar, in our gift shop, and for satellite communication, as well as several souvenir shopping opportunities throughout the voyage including at some of the research stations in the Antarctic Peninsula. Mail can sometimes be posted from these stations as well.

Clothes – We do not need to tell you it is cold in Antarctica. So make sure you come prepared with clothes that will adequately protect you from the weather and wet conditions (sea spray is common onboard Zodiacs). Expensive specialty gear is not required, but you should have warm, waterproof clothing available upon your arrival in Ushuaia. Please read the One Ocean Expeditions Pre-departure Information for more details about what to bring in the journey. We also have foul weather gear for rent or purchase on board the ship. You should prearrange the rental of this gear should you require it.

Onboard – Like the weather, sea conditions can also be unpredictable. Rough waters are not uncommon particularly through the Drake Passage. You will be safe and comfortable aboard with your experienced crew in control of our ship, but you may suffer the effects of motion sickness, unless you have taken precautions. We recommend visiting your doctor prior to departure for medication that can help you avoid this easily treated condition.

Gratuities - We suggest you allow the equivalent of \$US10 - \$US15 a day for gratuities for the crew and expedition staff. This is usually collected just prior to the end of the cruise.



Sea Kayaking – If you have some experience sea kayaking and are interested in doing this activity during the expedition, you will need to book this option prior to departure from home. We cannot book this activity once onboard. There is a separate document for sea kayakers that you will need to review beforehand.

Embarkation Protocol - Due to new International Security Regulations, you will not be able to come to the ship on your own. Guests arrive with the rest of the group accompanied by the One Ocean Expeditions' Representative. Full details of embarkation/disembarkation procedures will be supplied with your final documentation. Once onboard, you will be participating in an obligatory lifeboat drill. We will also conduct important briefings on landing procedures and Zodiac operations.

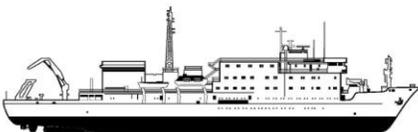
Insurance - On all One Ocean Expeditions' voyages, you must have comprehensive travel insurance. Your own domestic government medical insurance and private health care plans will not cover you in most overseas countries. Your travel agent can recommend a policy designed to cover participants on these cruises.

Your policy must provide coverage for your medical costs in case of hospitalization, emergency travel and repatriation. We require that you obtain adequate insurance before joining the voyage. Cancellation insurance is also recommended.

Please check the terms of your policy carefully, particularly with regard to limits of cover (i.e. replacement of photographic equipment, baggage loss, claims procedure, costs due to airline delays etc). Also ensure you are familiar with the procedure for making claims (for example, most policies stipulate that claims must be made within a certain time after completion of your journey). Once you have paid your deposit or full payment, certain fees will apply if you have to cancel your holiday (see the cancellation provisions in our terms and conditions). For this reason you should take out insurance at the time of paying your deposit, which should then protect you in such a situation.

Visas - No visas are required to visit the Antarctic continent or its offshore islands, however, you will need a valid passport with you throughout the journey. For most voyages, our ship departs for the Antarctic continent from the port of Ushuaia, Argentina. At the time of printing, no visas for Argentina are required by holders of New Zealand, British, or European passports. However passengers holding Australian, Canadian and US passports will have to make a reciprocity fee payment before entering Argentina, see below details:

The National Immigration Agency has changed the method by which tourists and business visitors from the US, Canada, and Australia will be required to pay in order to gain visa entry to Argentina. The reciprocity fee is no longer payable at the airport upon arrival. Instead the payment must be carried out online, prior to arrival, using the credit card based Provincia Payment System.



The system has been effective as of 31st October 2012 for flights to Aeroparque and 28th December 2012 for Ezeiza International Airport. A press release clearly states that “after these dates cash payments will not be accepted at the airport”.

A press release from the US state department offers these instructions for how to pay the reciprocity fee online:

- 1) Enter the web site www.migraciones.gov.ar or www.provinciapagos.com.ar of Provincia Pagos and register to start the process.
- 2) Complete the form with the corresponding personal and credit card information.
- 3) Print the payment receipt.
- 4) On arrival in Argentina, this printed receipt must be presented at Immigration Control. The receipt will be scanned by the Immigration officials, the information will be checked, and the traveler's entry to the country registered.

Passengers holding passports issued by other countries should carefully check with their travel agent or Argentinean consular authorities. If your flight to Ushuaia is via Santiago, tourist visas are required for Chile for some nationalities. If you plan any side trips to other countries you will need to investigate visa requirements as it is your responsibility to ensure you have all required visas for your trip. Rules and regulations governing the issuance of visas are constantly changing and vary for different nationalities. You should check visa requirements with your travel agent or relevant consular authority well before traveling.

The information provided here is given in good faith and has been compiled with all reasonable care. However, some of the information may become out of date. Please keep this in mind and check with us if you want to be sure about anything. The document was correct at time of printing but you can check online for the most up to date version. If you have any queries, please contact your travel agent or our staff. We are here to help you!

Aug 2014

